

NIPT guidelines (version 1/20140101)

1st trim combined test	NT > P95 for the CRL	US for T21	other US	2nd trim TT	other risk factor	recommended test	remarks	
normal	no	normal	normal	ND	none	/	/	
> 1/300 (abnormal)	no	normal	normal	ND	none	NIPT or array	patient's choice note that del/dup are more frequent <35y old, and aneuploidies are more frequent at >35y old	
		yes	normal	normal	ND	none	array	array is recommended for perfect determination of the sex chromosomes because very large NT is often linked to Turner and aneuploidies. If NIPT would become better with sex chromosomes, NIPT could be recommended instead of array.
	yes	abnormal	normal	normal	ND	none	NIPT (array)	nasal bone hypo- or aplasia, brachymesophalangy, sandal gap, or any isolated minor US sign
			abnormal	abnormal	ND	none	array	isolated major US sign or several minor US signs
			> 1/300	abnormal	> 1/300	none	NIPT or array	patient's choice; note that del/dup are more frequent <35y old, aneuploidies are more frequent at >35y old
Special genetic counseling cases					antecedent of aneuploidy	NIPT or array	patient's choice	
					rob t 13,21	NIPT or array	patient's choice	
					rob t 13,14	array + UPD14	patient's choice	
					rob t 14,21	array + UPD14	patient's choice	
					rob t 15,21	array + UPD15	patient's choice	
					ICSI pregnancy	NIPT	patient's choice	